

SHUTTLE MENU STS-133

(Stow by Day)

ALVIN DREW, MS-1 (BLUE)

| Meal | Days 1* & 9 | Days 2 & 10 | Days 3 & 11 | Days 4 & 12 | Days 5 & 13** |
|----------|--|---|---|---|--|
| A | Sausage Pattie (R) Mexican Scrambled Eggs (R) x2 Tortilla (FF) x2 Oatmeal w/ Raisins (R) Grits w/ Butter (R) Orange Juice (B) Kona Coffee w/ Cream & Sugar (B) | Chocolate Breakfast Drink (B) Breakfast Sausage Links (I) Yogurt Covered Granola Bar (NF)(two on day 2) Oatmeal w/ Brown Sugar (R) Orange-Grapefruit Drink (B) Kona Coffee w/ Cream & Sugar (B) | Sausage Pattie (R) Seasoned Scrambled Eggs (R) Granola w/ Raisins (R) Orange-Mango Drink (B) Kona Coffee w/ Cream & Sugar (B) | Vanilla Breakfast Drink (B) Breakfast Sausage Links (I) Grits w/ Butter (R) Strawberries (R) Orange-Pineapple Drink (B) x2 Cocoa (B) | Sausage Pattie (R) Mexican Scrambled Eggs (R) Tortilla (FF) x2 Cornflakes (R) Orange Juice (B) Kona Coffee w/ Cream & Sugar (B) <u>EVA Snack (day 5 only)</u> Orange-Grapefruit Drink (B) Clif Bar, Banana Nut Bread (NF) Clif Bar, Chocolate Brownie (NF) |
| B | Peanut Butter (I) Crackers (NF) x2 Teriyaki Beef Steak (I) Cauliflower w/ Cheese (R) Fruit Cocktail (I) Trail Mix (IM) Orange-Pineapple Drink (B) | Dried Beef (IM) Seafood Gumbo (I) Tortilla (FF) x2 Asparagus (R) Pineapple (I) Candy Coated Almonds (NF) Tropical Punch (B) | Chicken Fajitas (I) Southwestern Corn (I) Tortilla (FF) x2 Cashews (NF) Butter Cookies (NF) Lemonade (B) | Tomato Basil Soup (I) Crackers (NF) x2 Beef Steak (I) Potatoes Au Gratin (R) Italian Vegetables (R) Candy Coated Chocolates (NF) Tropical Punch (B) | Cheddar Cheese Spread (I) Crackers (NF) x2 Noodles & Chicken (R) Tomatoes & Eggplant (I) Candy Coated Peanuts (NF) Applesauce (I) Peach-Apricot Drink (B) |
| C | Shrimp Cocktail (R) Smoked Turkey (I) Green Beans w/ Mushrooms (R) Rice & Chicken (R) Chocolate Pudding Cake (I) Grape Drink (B) x2 | Beef Stroganoff (R) x2 Broccoli Au Gratin (R) Mashed Potatoes (R) Strawberries (R) Vanilla Pudding (I) Orange Drink (B) x2 | Minestrone Soup (I) Crackers (NF) x2 Spaghetti w/ Meat Sauce (R) Creamed Spinach (R) Pears (I) Bread Pudding (I) Peach-Apricot Drink (B) x2 | Spicy Chicken & Vegetables (R) Rice Pilaf (R) Tortilla (FF) x2 Macadamia Nuts (NF) Shortbread Cookies (NF) Grape Drink (B) x2 | Shrimp Cocktail (R) BBQ Beef Brisket (I) Candied Yams (I) Macaroni & Cheese (R) Brownie (NF) Lemonade (B) x2 |

♦ Day 8 will be stowed in the fresh food locker

*Day 1 consists of Meal C only

**Day 13 consists of Meals A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized

SHUTTLE MENU STS-133
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ALVIN DREW, MS-1 (BLUE)

| Meal | Day 6 | Day 7 | Day 8 ♦ |
|----------|---|---|---|
| A | Dried Peaches (IM) Blueberry Raspberry Yogurt (I) Sausage Pattie (R) Yogurt Covered Granola Bar (NF) Scrambled Eggs (R) Orange-Grapefruit Drink (B) Kona Coffee w/ Cream & Sugar (B) x2 | Strawberry Breakfast Drink (B) Breakfast Sausage Links (I) Seasoned Scrambled Eggs (R) Granola w/ Blueberries (R) Orange-Mango Drink (B) Cocoa (B) <u>EVA Snack</u> Orange-Pineapple Drink (B) Clif Bar, Banana Nut Bread (NF) Clif Bar, Chocolate Brownie (NF) | NO MEAL |
| B | Dried Beef (IM) Teriyaki Chicken (R) Fettuccine (R) Cauliflower w/ Cheese (R) Cashews (NF) Apricot Cobbler (I) Orange Drink (B) | Crawfish Etouffee (I) Crackers (NF) x2 Beef Stroganoff (R) Broccoli Au Gratin (R) Pineapple (I) Candy Coated Almonds (NF) Peach-Apricot Drink (B) | Dried Beef (FF) Turkey Tetrazzini (FF) x2 Mashed Potatoes (FF) Asparagus (FF) Pears (FF) Trail Mix (FF) Pineapple Drink (FF) |
| C | Chicken Noodle Soup (I) Crackers (NF) x2 Smoked Turkey (I) Green Beans w/ Mushrooms (R) Mashed Potatoes (R) Fruit Cocktail (I) Butterscotch Pudding (I) Pineapple Drink (B) x2 | Grilled Chicken (I) Red Beans & Rice (I) Corn (R) Peaches (I) Tortilla (FF) X2 Cherry Blueberry Cobbler (I) Lemonade (B) | NO MEAL |

